

COPELAND

Eat, Sleep, Repeat The Militia Group



Eat Sleep's opening track, "Where's My Head," commences with a simple vibraphone melody, then garage-rough drums effortlessly enter the mix, indicating a focus on the music first. It's a different approach from Copeland's two previous full-lengths, which rested on Aaron Marsh's falsetto and raw emotional lyrics. The instrumentation here, such as the crisp piano on "Love Affair" or the bold trumpet blare on "The Last Time He Saw Dorie," carries the vibe this time.

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